



Feel the fear... And do your
project anyway

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Pre-registration Clinical Scientist

RLBUHT



My CV

- Undergraduate degree in Anatomy and Human Biology at University of Liverpool
- Medical Technical Officer in Clinical Chemistry department at Alder Hey Children's NHS Foundation Trust
- Graduate Diploma in Biomedical Science at Liverpool John Moores University
- Biomedical Scientist at Alder Hey Children's

1. Choose topic carefully

- Is there a specialist topic you find interesting?
- Do you have any particular experience?
- Will your project require ethical approval?
- Is it feasible to finish within time allocated?
- Is there a need for the project?



2. Choose a good supervisor

- Or develop a good relationship!
- Think about your personality
- How easy are they to contact?
- Treat them well!



3. Organisation is key

- Keep good records through-out
- A good lab book is worth it's weight in gold
- Write-up your findings as you go along



4. Flexibility and negotiation

(link to Professional Practice on OLAT!!)

- Can you prepare for unforeseen circumstances?!
- Understand that you may have to change your normal working patterns
- Plan for your other commitments



5. Use your experience

- Experience and skills I didn't know I had!
- Make the most of smaller projects in run up to dissertation
- Experience at planning experiments
- Encourage investigation skills
- Method comparison work
- Management of projects



6. Confidence



F-E-A-R: has two meanings:

1. Forget Everything And Run
- or
2. Face Everything And Rise



The Choice is Yours!

**Development of a LC-MS/MS method for the
measurement of serum 17-hydroxyprogesterone
during the follicular and luteal phases of the
menstrual cycle**

A dissertation submitted to the University of Manchester for the
degree of Master of Science in the Faculty of Medical and Human
Sciences

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