# **Giving a Professional Talk**

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# Great



#### Barriers to giving a good presentation?

- What effects you?
- What effects your audience?



#### What makes an inspirational presenter?



http://www.engagement.manchester .ac.uk/highlights/3\_minute\_thesis/in dex.html





# Know your audience



# Tell a simple story

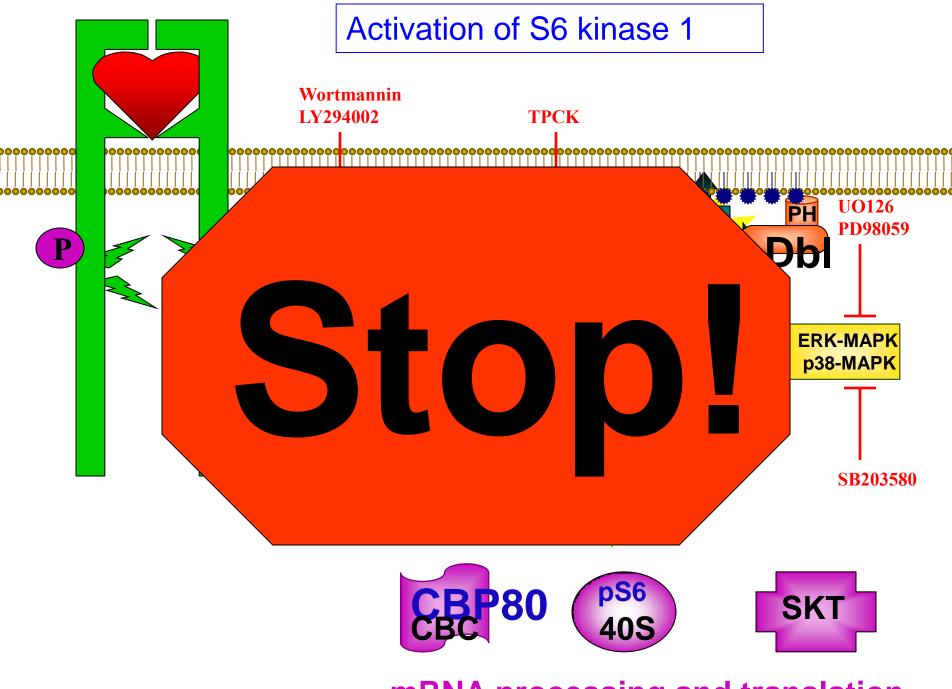




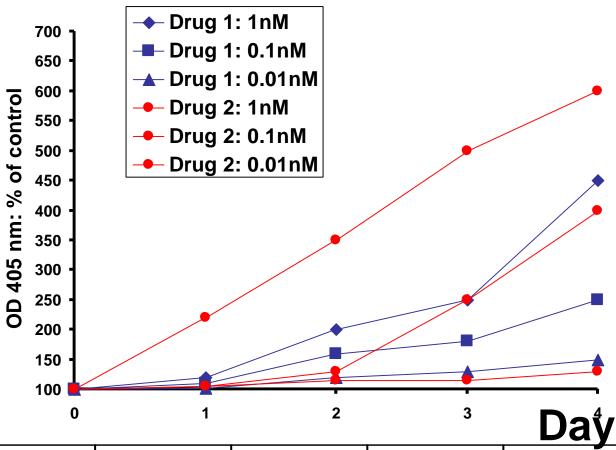
#### Keep it simple

- Pitch it at the right level
  - Don't be afraid to be simplistic
  - You can build up complex ideas

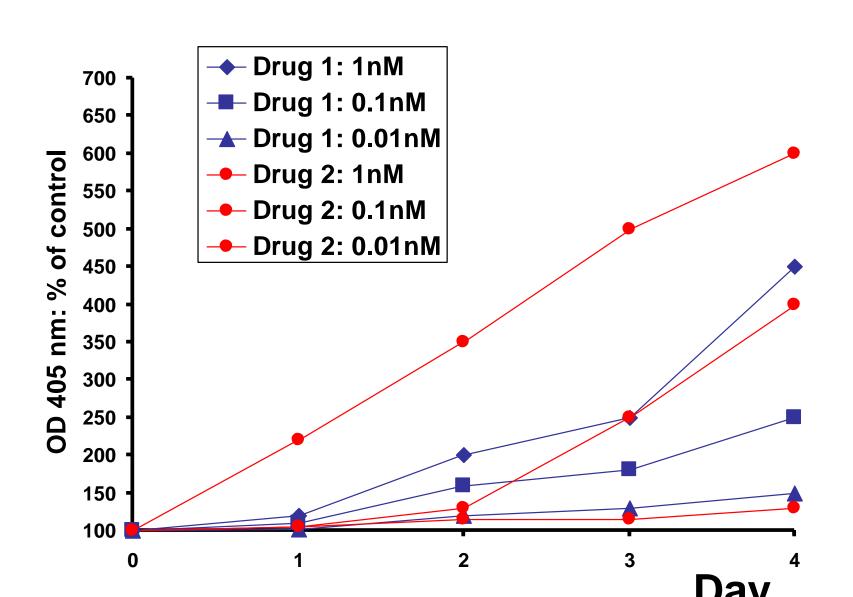
Can you express your clinical expertise or research in language non-specialists can understand?



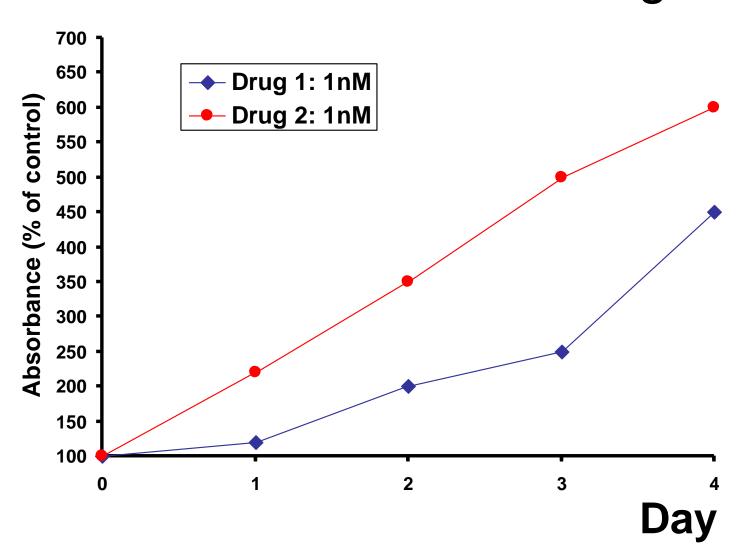
mRNA processing and translation



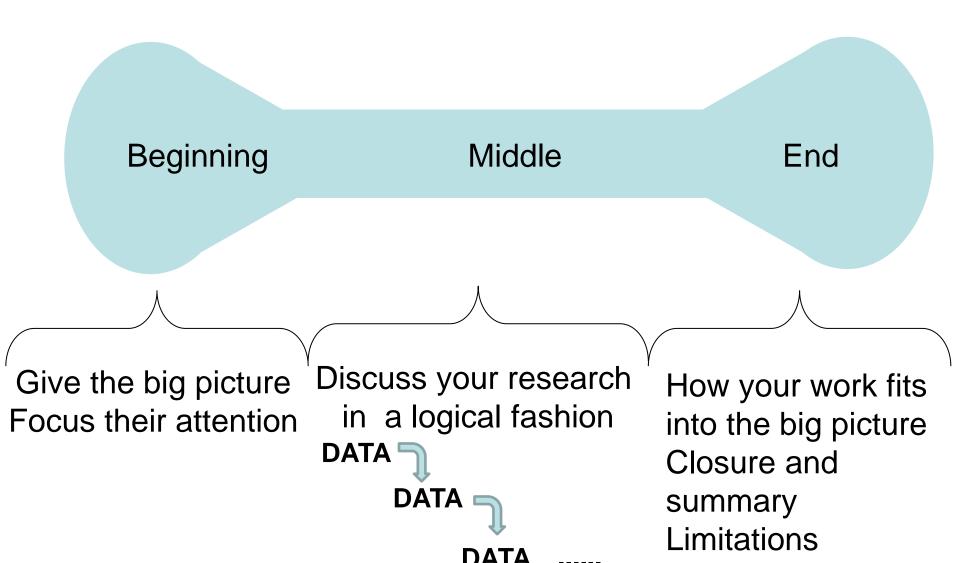
Day	0	1	2	3	4
<b>Drug 1: 1n</b>	100	120	200	250	450
<b>Drug 1: 0.1</b>	100	110	160	180	250
Drug 1: 0.0	100	102	120	130	150
<b>Drug 2: 1n</b>	100	220	350	500	600
Drug 2: 0.1	100	105	130	250	400
Drug 2: 0.0	100	105	115	115	130



# Drug 1 is better at killing human cancer cells than drug 2



#### Consider structure and flow



Future work

### Avoid Death by Powerpoint

- A 10 minute talk = ~1000 words, 6-8 slides
  - 1. Brief introduction
  - 2. Objectives
  - 3. Data
  - 4. Data
  - 5. Data
  - 6. Conclusion



If a slide is to be effective it needs to stay projected for at least 60 seconds.

#### Make connections

- Make your story mean something to them
- What do they know and what reference can you make to it?
- Can you link your research with research findings from people in the audience?



# Top 10 Fears

- 1. Speaking Before a Group
- 2. Heights
- 3. Insects and Bugs
- 4. Financial Problems
- 5. Deep Water
- 6. Sickness
- 7. Death
- 8. Flying
- 9. Loneliness
- 10. Dogs

#### Listen and believe the feedback

"If one person calls you a horse, ignore them. If 3 people call you a horse, look in the mirror. If 5 people call you a horse, buy a saddle."



#### Characteristics of a confident presenter

	Confident	Aggressive	Passive
Posture	Upright straight	Leaning forward	Shrinking back
Head	Firm not rigid	Chin jutting out	Head down
Eyes	Good and regular eye contact	Strongly focused glaring	Little eye contact
Face	Expression fits words	Set and firm	Smiling when upset
Voice	Fits context	Loud emphatic	Soft and hesitant
Arms/Hands	relaxed	Extreme sharp	Slow and hesitant

#### Ladder of Inference



Take action based on belief Adopt beliefs

Draw conclusions

Make assumptions

Select Data

Observe data

#### Accommodate all learning styles

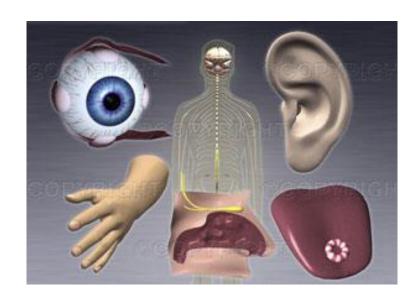
#### VARK

V - Visual

A - Aural

R (&W) - Reading and Writing

K - Kinesthetic (Doing!)



How do you like to receive information? What content will engage each style?

# Importing Graphics

- Graphics (photos, drawings, video etc) can be imported into PowerPoint Slides
  - Use an image that looks crisp on the screen
  - Make sure that the machine that you are going to use can support the image or video



#### Tips when presenting with slides

- Don't talk to the visual aids
- Don't show everything at once
- Don't try to use visual aids if you haven't practiced with them
- Don't use all the bells whistles and gongs

